

Christmas Greetings

***Caring for Those Who Cared for Us:
Returning the Favour***

The Association of Friends of the Geriatric Hospital invites you to Return the Favour at Christmas by partnering with us to enhance the health and well-being of our valued seniors.

Please contribute to the Geriatric Hospital Renovation Project and make a difference in the lives of those who selflessly contributed to our personal success and development.

THE GERIATRIC HOSPITAL RENOVATION PROJECT



No gift is too small...

Each gifts counts!

**Message from Lt. Col. the Hon. Jeffrey D. Bostic, M.P.
Minister of Health and Wellness**



The Association of Friends of the St. Michael District Hospital, in its national appeal on October 31, 2018, adopted the theme "Caring for Those Who Cared for Us: Returning the Favour", to solicit the support of the business sector, non-governmental organizations, educational institutions and individuals to enhance the care provided to our senior citizens.

An appeal for the wider Barbadian community to contribute to the welfare of our elderly citizens is being made once more during this season of love, cheer and goodwill. Individuals residing in our public geriatric hospitals deserve a special gift at Christmas; a gift that recognizes their invaluable contribution to our development and to the progress of Barbados. Each of these individuals has, in their own way, conscientiously given of their time and resources so that we can now enjoy a lifestyle that they could only have dreamt of in their earlier years.

The care provided by the geriatric services at the St. Michael, St. Lucy, St. Philip and Gordon Cummins Hospitals is second to none. This is attested by the fact that there are currently 12 centenarians in these institutions, most of whom are still well enough to read, converse and enjoy the company of others. While this is made possible by our dedicated staff who provide excellent care, we are forced to grapple with an ageing infrastructure that impacts on the delivery of healthcare and compromise the safety of both clients and staff.

The Ministry of Health and Wellness has commenced major renovation works at the St. Michael District Hospital located at Beckles Road, St. Michael, an institution built some 134 years ago. These renovations, which began in August 2018 are being carried out in partnership with the Barbados Defence Force. The ageing infrastructure has however been a major constraint in completing the first four phases within the estimated costs and timeframe.

We are however committed to the completion of these renovations and are therefore making a special Christmas appeal for assistance from the Barbadian community. Your generosity will be very much appreciated by those who have given tirelessly during their earlier years. Let's return the favour and give back to those who have contributed to our own personal lives and paved the way for the achievements that we are now enjoying.

Thank you, on behalf of the geriatric healthcare services and The Association of Friends of the St. Michael District Hospital, for your generous support. Remember, every gift counts!

May God bless you and your families at this Christmas Season and during the New Year 2019.

**Lt. Col. the Hon. Jeffrey Bostic, M.P.
Minister of Health and Wellness**



Exterior refurbishment in progress.



Interior refurbishment roof repairs and electrical works

St. Michael District Hospital and Geriatric Healthcare Services

The St. Michael District Hospital, commonly referred to as the Geriatric Hospital, was established in 1884. The Geriatric Hospital has transitioned from an institution for the indigent to a full-fledged geriatric facility which provides comprehensive healthcare services for elderly individuals whose medical condition requires management in a residential healthcare setting.

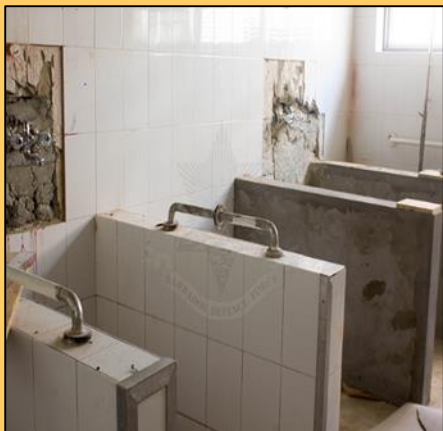
Geriatric healthcare services form part of the continuum of care across the life course provided by the Ministry of Health and Wellness to each individual in the population. The 2010 population census showed that the elderly comprised 12% or approximately 32,448 persons. By 2030, this proportion is projected to reach 25% of the population. Given this significant trend, it is necessary to invest in health and social services to maintain the well-being of our population.

The Geriatric Hospital's central role of providing healthcare to the elderly population is supported by three smaller district hospitals: Gordon Cummins, St. Lucy and St. Philip Hospitals. An average of 504 patients receive care in these four (4) institutions, with 286 residing at the Geriatric Hospital, in addition to 26 clients from the community who are enrolled in its Day Care Programme. Services are delivered by a clinical staff complement comprising:

- 5 Medical Practitioners
- 194 Nurses
- 1 Infection Control Officer
- 2 Social Workers
- 2 Pharmacists
- 1 Podiatrist
- 3 Rehabilitation Therapists

Over the years, dedicated staff have been providing excellent healthcare to our clients. This is attested by the numbers of requests received daily for admission to the hospitals, and by the fact that the patients, many of whom are frail and dependent on total care, are able to thrive and comfortably live out their later years. Currently there are 12 centenarians accessing this care in our geriatric hospital facilities.

This achievement is not only attributed to the dedication of our clinical staff, but also to personnel delivering support services. Significant aspects of care are provided through the hospitals' dietary, laundry, procurement, maintenance, and others support services that are essential for the delivery of quality residential healthcare.



Refurbished Bathroom: Before and After

The Association of Friends of the Geriatric Hospital

The Association of friends of the Geriatric Hospital was formed 30 years ago with the expressed mandate of providing a shoulder to lean on. The original membership was formed out of past and present employees, as well as family members of residents, and this dynamic still pertains today. The association focuses its efforts on raising funds to supplement the needs of the Geriatric Hospital as well as organising events such as the annual harvest festival, carolling at Christmas and visitation by an outreach team. These activities cater to the social and emotional needs of the hospital's residents.

During this holiday season, the Association, a duly registered charity No: 1177, is inviting the wider community to partner with the Ministry of Health and Wellness and the Barbados Defence Force in the ongoing implementation of the Geriatric Hospital Renovation Project which commenced on August 20, 2018.

The project, divided into four (4) phases for each of the two (2) existing clinical blocks, is now entering its second phase. The first phase of Block 1 was completed at a cost of approximately \$155,500 BDS and Phases II- IV are expected to cost \$354,500 BDS. An additional sum of \$510,000 BDS would also be required for Block 11. Therefore, an estimated total of \$864,500 BDS is now needed to complete the renovations. This estimate represents materials only as all labour is being provided by the Barbados Defence Force (BDF).



Geriatric Services National Appeal Day, October 31, 2018: Presentation of Commemorative Plaque by Mr. Neil Rowe, M.P. to Colonel Glyne Grannum, Chief of Staff, BDF.

We thank you in advance for your support and look forward to your contribution towards the continuation of the renovation project at the Geriatric Hospital.

Block 1, Phase I: Cost of Completion

Materials	Cost
Funding towards ceiling tiles	32,000.00
Funding towards electrical supplies	8,000.00
Funding towards paint supplies	21,000.00
Plumbing & Bathroom Fittings	23,000.00
Roof Repairs	16,000.00
Equipment Rental	15,000.00
Repair of Wooden Shutters	6,500.00
Building Materials and Supplies	34,000.00
TOTAL	155,500.00

Block 1, Phase II- IV: List of Required Materials
(Estimated Cost: \$354,500.00)

Amount	Unit	Size	Item
30	each	2x4x12	Purple Heart Door frames
18	each	1¼x6x14	Pine
4	each	2x12x14	Pine
30	sheets	¾	Pine Ply
15	sheets	¾	Foam Ply
10	sheets	4x8	Plastic Board
12	each	36x80	Knottey Pine Doors
6	each	24x80	Knottey Pine Doors
27	each	36x80	Bi-Fold Doors
5	each	24x80	Bi-Fold Doors
18	sheets		Aborite White
5	gallons		Contact cement Evo-Stik
4	gallons		Wood glue (Elmers)
12	each		Combo locks (Lucky)
55	each	36x72	Oran Windows Metal
28	each	24x72	Oran Windows Metal
15	lbs	2"	Concrete Nails
15	boxes	45mm	Tower Nails
15	boxes	40mm	Tower Nails
20	boxes	2¼x ³ / ₁₆	Phillips Head Blue Screws
10	boxes	3"x ³ / ₁₆	Phillips Head Blue Screws
15	boxes	1"	Dry Wall Screws
15	boxes	1½"	Dry Wall Screws
20	tins		Enamel Spray Paint

25	each	$\frac{3}{16}$	Blue Screws Bits
10	boxes	$\frac{3}{16} \times 1\frac{3}{4}$	Blue Screws
8	boxes	$2\frac{1}{4} \times \frac{1}{4}$	Blue Screws
18	pairs	3"x4"	Brass Butts
300	each	1 $\frac{1}{4}$	Brass Screws (Phillips Head #10
40	each		Cupboard Locks (for bi-fold cupboards doors)
300	each	$1\frac{1}{2} \times \frac{5}{16}$	Bolts and Nuts
16	each		Hinges for shutter windows
40	each	4"x1"	Brass Bolts with a chain
12	each	18"x24"x $\frac{1}{4}$ "	Glass Mirrors
50	each	12"	Latches
6	boxes	each	Fisher Plugs #5, #6, #7, #8
1		42 $\frac{1}{2}$ " x 17 $\frac{3}{4}$ "	$\frac{1}{4}$ " Glass Plane
10	each	$\frac{1}{4}$ "x18 $\frac{1}{2}$ "x4"	Glass Louvers
10	each	24 $\frac{3}{4}$ "x4"	Glass Louvers
4	each	31"x4"	Louvers
8	sheets	$\frac{1}{4}$ "	Ply wood
40	lengths	1/8X 1-1/2 8FT	Alum Angle
24	each	1 GLN	Ospho Rust Remover
24	each		Dimmer Rotary Push 3 Way
80	each	507-11 103	Drawer Lock
80	each	2-1/2 BR Brass	Bolt Barrel Neck
48	each		Fixture Ceiling W/Pull Chain 66680
48	each	24" S/Steel	Grab Bar
9,752	Sq. Ft.	USG # 2220	Ceiling Tiles
3,392	Sq. Ft.	Donn 15/16"	Ceiling Gridd

Refurbished Wards



Block 1, Phase I: Completed Refurbishment – Before and After

Returning the Favour Donation Card

Your contribution to the Geriatric Hospital Renovation Project is appreciated.

Please complete this form and return it to the Association of Friends of the Geriatric Hospital at the address indicated.

Name_____

Organisation_____

Address_____

Telephone Number: _____

Email Address: _____

I / My company / My organization wish to make a donation of \$ **or**
donate materials as indicated.....

***Kindly make all cheques payable to the
Association of Friends of the Geriatric Hospital***

**Association of Friends of the Geriatric Hospital
C/O The Geriatric Hospital, Beckles Road
St. Michael, BARBADOS**

CONTACT INFORMATION

Please feel free to direct any queries to the following individuals:

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Special Thanks



**Association of Friends
Of the Geriatric Hospital
Registered Charity No: 1177**

